

Is it coronavirus (COVID-19), the flu, a cold or seasonal allergies?

All 4 can look very similar, making it hard to tell the difference. Use the chart below to help you decide when to seek care for your symptoms.

	Coronavirus (COVID-19)	The Flu	A Cold	Seasonal Allergies
<p>What are the typical symptoms?</p> <p>Keep in mind: It's possible to have these conditions without experiencing every symptom.</p>	<p>Cough Shortness of breath Fever</p>	<p>Aches Chills Cough Diarrhea* Fatigue Fever Headaches Runny nose Sore throat Stuffy nose Vomiting* <small>*more common in children than adults</small></p>	<p>Cough Fever (rare) Mucus dripping down your throat (post-nasal-drip) Runny nose Sneezing Sore throat Stuffy nose Watery eyes</p>	<p>Itchy eyes Runny nose Sneezing Stuffy nose Watery eyes</p>
<p>How long does it take for symptoms to appear after exposure?</p>	2 to 14 days	1 to 4 days	1 to 3 days	Immediately
<p>How long do symptoms last?</p>	Undetermined	3 to 7 days	7 to 10 days	As long as you're exposed to allergens

If you start to feel sick, try not to panic or assume the worst.

- Coronavirus shares some of the same symptoms caused by the flu and colds, including fever and cough.
- Remember, we're still in the midst of cold and flu season, plus seasonal allergies are starting to kick in. If you're feeling sick, one of those conditions is still the most likely cause.
- For most people who are otherwise healthy, coronavirus does not cause serious health problems.

When should you seek care for coronavirus?

When you have a fever of 100.4 °F or higher, shortness of breath/difficulty breathing or a cough, call your doctor's office or start a Virtual Visit or eVisit. If you need help, please call 704-468-8888.

In case of an emergency, please call 911.

For coronavirus updates, including where to get care, visit AtriumHealth.org/Coronavirus

